

Stress, Task, and Relationship Orientations of Vietnamese: An Examination of Gender, Age, and Government Work Experience in the Asian Culture

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EXECUTIVE SUMMARY

Working adults are often socialized differently based on their gender, age, and work experience. To explore the stress, task, and relationship orientations of people in the high-context culture of Vietnam, this study collected data from 188 Vietnamese. It appears that they have similar scores on the relationship and task orientations. The Vietnamese reported a high level of stress. Government work experience and education do appear to be a significant factor in the difference of stress perception scores. In this paper, literature on high and low context cultures is presented along with practical application, suggestions, and implications for future studies.

Keywords: Relationships, Tasks, Culture, High context, Low context, Stress, Vietnam.